

WHO'S WHO IN THE CHURCH

BENEFICE OF HAWKSHEAD WITH LOW WRAY, SAWREY, RUSLAND AND SATTERTHWAITE

The Vicarage, Hawkshead, Ambleside, Cumbria, LA22 0PD

www.hawksheadbenefice.co.uk

Vicar:	The Reverend John Dixon	015394 36301
Non-Stipendiary Minister (NSM):	The Reverend Dr Nick Hallam	015394 36069
Lay Minister (Reader):	John Dawson	015395 30375
Local Lay Minister	Andrew Duncan	012298 60630

PARISH OF HAWKSHEAD WITH LOW WRAY

Churchwardens:	Judith Gunner	015394 36209
	Peter Irvine	015394 36635
	Tom Macan	015394 36978
	Carole Slater	015395 31991
PCC Secretary:	Mike Maxwell	015394 36972
PCC Treasurer:	Susan Maxwell	015394 36972
Electoral Roll Officer:	John Gunner	015394 36209
Ringing Co-ordinator:	John Gunner	015394 36209
Organist:	Paul Gregson	015394 36717
Link Distributor:	Elizabeth Riggs	015394 36673

PARISH OF SAWREY

Churchwardens:	Paul Gregson	015394 36717
	Gillian Fletcher	015394 36296
PCC Secretary:	Elizabeth Mallett	015394 36450
PCC Treasurer:	Garry Schofield	015394 36356
Electoral Roll Officer:	Gillian Fletcher	015394 36296
Organist:	Paul Gregson	015394 36717

PARISH OF RUSLAND

Churchwarden:	Sue Benham	01229 860295
Churchwarden and PCC Treasurer:	Giles Wingate-Saul	01229 860300
PCC Secretary:	Helen Adams	01229 860316

PARISH OF SATTERTHWAITE

Churchwarden:	Sue Brooke	01229 860250
Treasurer	Caroline Peet	01229 860302
Churchwarden and PCC Secretary:	Edward Collins	01229 860312

This is a church magazine for the whole community. The church councils of Hawkshead and Sawrey are committed to providing this magazine free of charge to every household in the parish as part of their mission and outreach.

The Link is also available online: www.hawksheadbenefice.co.uk

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Dear Friends,

We visited Weymouth beach at the end of July and, very unusually for this summer, the sun was actually visible. We were not alone. It's a magnificent beach and very popular in season. I'd finally managed to get the windbreak up (courtesy of a mallet kindly offered by a better prepared fellow tourist), the grandchildren were embarked on serious construction work involving sand and I settled down with coffee and the next chapter of "The Unlikely Pilgrimage of Harold Fry" (highly recommended) – it was a moment of peace.

Holidays can be funny things, with expectation often exceeding reality, but we do need them. Jesus said "Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me – watch how I do it. Learn the unforced rhythms of grace" (*Matthew's Gospel, The Message version*). In the accounts of Jesus' ministry on earth the stories of teaching and miraculous healing are interspersed with the need to get away from the crowds and take a break.

Such a balance is important for everyone. Autumn beckons now, with new beginnings at school and a return to usual routines for most of us. Whatever your particular circumstances I hope you can find moments of peace and quiet reflection amidst the busyness.

Nick Hallam

Any comments, articles or queries for the Link should be emailed to: esthwaitelink@gmx.com or given to Kathleen Farnworth or John Dixon

**Deadline for inclusion in the October edition is
Sunday, 13th September**

Items should be no longer than 300 words.

To advertise in the back pages of The Link, please contact:
Peter Irvine: 015394 36635/peterirvine26@talktalk.net

We are grateful to those who advertise in The Link and hope
that readers will use their services.

HAWKSHEAD AND SAWREY COMMUNITY TRANSPORT.

If you need a lift call **07808 508997**
and a friendly volunteer will help you

SEPTEMBER SERVICES

6th	8.00 a.m.	Holy Communion	Hawkshead
	9.30 a.m.	Morning Worship	Hawkshead
	9.45 a.m.	Holy Communion	Satterthwaite
	11.15 a.m.	Holy Communion	Sawrey
	6.00 p.m.	Evensong	Rusland
	6.00 p.m.	Churches Together Holy Communion Service, Methodist Chapel,	Hawkshead
13th	9.30 a.m.	Holy Communion & Sunday School ...	Hawkshead
	11.15 a.m.	Matins	Sawrey
	11.15 a.m.	Holy Communion	Rusland
	6.00 p.m.	Evensong	Satterthwaite
	6.00 p.m.	Evensong	Hawkshead
20th	9.30 a.m.	Holy Communion & Sunday School ...	Hawkshead
	9.45 a.m.	Service for All Ages	Satterthwaite
	11.15 a.m.	Holy Communion	Sawrey
	6.00 p.m.	Evensong	Rusland
	6.00 p.m.	Evensong	Hawkshead
27th	9.30 a.m.	Harvest Festival	Hawkshead
	11.15 a.m.	Morning Worship	Sawrey
	11.15 a.m.	Harvest Festival	Rusland
	6.00 p.m.	Evensong	Hawkshead

SERVICE TIMES OF OTHER DENOMINATIONS

Baptist Chapel, Hawkshead Hill, Sunday 10.30 a.m.

Methodist Chapel:

6th September 6.00 p.m. Churches Together Holy Communion

13th September 11.00 a.m. Morning Worship

Tuesday, 1st September, at 7.00 p.m. Welcome Service for the new minister, Revd Graham Ransom, at Ulverston Methodist chapel

Society of Friends (Quakers) Meeting House, Colthouse, Sunday 10.30 a.m.

From the Registers

Baptised at Hawkshead on 12 th July	Linda Mary Johnston
Baptised at Hawkshead on 12 th July	Curtis Malcolm MacLennon
Married on 13 th June at Rusland	Paul Hardy and Anna Robinson
Married on 22 nd June at Sawrey	Jordan Hart and Jennifer Beardsall
Married on 18 th July at Hawkshead	Anthony Walsh and Leanne Mottershead
Married on 26 th July at Sawrey	Christopher Chamberlain and Eleanor Rogers
Married on 1 st August at Hawkshead	Kevin Moore and Camilla Campbell
Married on 8 th August at Hawkshead	Jack Powell and Emily Moore
Funeral at Hawkshead on 22 nd June	Maureen Jones
Funeral and Burial at Sawrey on 26 th June	Willow Taylor

CHRISTIAN AID WEEK 2015

The house-to-house collection in May this year produced the splendid total of £1,788.32 to support the work of Christian Aid. £1,422.55 was collected in Hawkshead parish and £232.04 in Sawrey parish giving a total of £1,654.52. 40% of those who contributed were able to "Gift Aid" their contributions which will enable Christian Aid to claim back £133.80 from HM Customs & Revenue.

Very many thanks to all who contributed and to our 13 house-to-house collectors. Nick Hallam & Tom Macan

My Faith Story, a Churches together event. On Thursday, 3rd September, Robyn Randolph will share her Faith Story at Chapel Cottage, Hawkshead Hill. We meet from noon to 1.30 p.m. Please bring a packed lunch. All welcome.

COME FOR A WALK

We have had a very successful year of walks with the attendance varying between twelve and seventeen and, usually, about eight dogs. Churches visited have included the upper room chapel in Langdale, Rusland and Satterthwaite, the Martindale churches, Ulpha, Wray and Torver. No walk in August; the next one will be on **Monday, 7th September**, meeting at Birks Bridge at 10.30 a.m. and walking to Seathwaite church. There is a large car park beside the River Duddon at Birks Bridge (ref. SD234996) almost at the head of the Duddon Valley - keep going through Ulpha, past Seathwaite and you will eventually get there! The walk is six miles. Bring a picnic. Further details from Hilary Collins 01229 860312.

HAWKSHEAD AND OUTGATE WI

Meetings in September:

The meeting on Tuesday the 8th will be at 2.00 p.m. in the Lower Market Hall when we'll be hearing from David Ratcliffe on the intriguing subject "My Extra-Marital Affair". Then on Monday the 21st at 7.45 p.m. we'll go "Foraging with the Farringtons". All members are welcome to attend both meetings; visitors are also welcome (small charge of £2 for non-members).

THURSDAY, 16th SEPTEMBER

Public meeting concerning the proposed merger of the Hawkshead and Ambleside Medical Practices – see Page 7

WINE, CHEESE.....and THE BIG QUESTION

Come for a glass of wine, a nibble of cheese, and some exploration of life's BIG questions.

A chance to talk together about some of those puzzles, conundrums and mysteries in a friendly space. Hawkshead Hill Chapel. 7.30 – 9.00 p.m. Parking is available on the cottage drive and the adjoining side road.

All Welcome. For more information, phone 36541.

16th September: Why does God allow suffering?

11th November: What is Truth?

10th Feb: What makes people happy?

13th April: Why are we here?

8th June: What happens when we die?

SUNFLOWER COMPETITION

The judging of the Sunflower competition, in aid of St. Peter's Church, Far Sawrey, will take place at the Marrow Competition at Braithwaite Hall, Far Sawrey on Sunday, 20th September.

Please pay for any sunflowers before the event as money cannot be accepted for them in Braithwaite Hall. Thank you.

Remember to bring a photograph of yourself holding a six foot cane, standing next to your sunflower, so we can judge the height. Good Luck! £10 prize.

SAWREY'S CONTRIBUTION to the biggest Coffee Morning in aid of McMillian Cancer support will be held in the Braithwaite Hall, Far Sawrey on Friday, 25th September, 10.30 until 12 noon.

Bring and Buy, home produce stalls and raffle.

For enquiries please contact Mrs. Linda Shuttleworth, telephone 015394 42813.

ST. PETER'S CHURCH, SAWREY

Annual Harvest Festival

Sunday, October 4th at 11.15 a.m.

Soup and Sandwiches will be

served after the service,

We give a warm welcome for you to join us for the Harvest service to give thanks and praise to God for this special Season.

HAWKSHEAD MARKET HALL: REPORT FOR THE YEAR 2014-2015

At the AGM on 24 June, the Trustees reported that the Hall continues to be well used by individuals, community groups and commercial hirers. Rental revenue was down for two reasons: one regular commercial hirer had fewer days use in 2014 (though he nonetheless made a significant contribution to our revenue) and the Stage Society's payments in the previous year had been unusually high. Nonetheless, rents plus other income covered running costs for the year.

The Trust's policy is to continue to spend to improve the facilities on offer. The toilets, the downstairs lobby and the staircase were all redecorated during the year and improvements made to the electrical installations, including the provision of a loudspeaker system. The Trust was also able to meet an unexpected requirement to replace the central heating boiler in the caretaker's cottage.

The Trustees have further authorised the purchase of additional chairs so that, in the course of the summer, red upholstered chairs will be provided in both the Upper and Lower Rooms.

In 2015, the Trustees will be seeking to improve the disabled access to the Lower Room and to achieve modest further

improvements in other parts of the Hall.

The Trust recorded its thanks to Paul Gregson for his continued stewardship as caretaker and to those Trustees who have carried out numerous small maintenance jobs, thus saving considerable sums. Also to the Secretary and Treasurer for their work in managing the affairs of the Trust.

Citizens' Advice

Rewarding, challenging and interesting....

... were the top three words used by people to describe their volunteering experiences. Whilst two in three volunteers said volunteering reduces stress and one in two said their physical and mental health had improved.

South Lakes Citizen Advice is currently seeking volunteers. So if you can spare one day a week and would like to help local people, why not volunteer? We have a range of roles and offer free training. Travel expenses will be paid.

For further information please call 015394 46464 or email

support@southlakes.cabnet.org.uk

We look forward to hearing from you! ***Free, confidential advice and help is available from South Lakes Citizens Advice Bureau on phone – telephone 015394 46464 for any aspect of help or for an appointment.***

IMPORTANT INFORMATION REGARDING THE PROPOSED MERGER OF HAWKSHEAD AND AMBLESIDE MEDICAL PRACTICES

(Larger print copies of this sheet are available at the Hawkshead surgery).

Hawkshead Medical Practice and Ambleside Medical Practice are considering merging to provide medical care for residents and tourists in the Central Lakes area.

WHY ARE WE CONSIDERING THIS?

Both practices want to ensure that our patients have access to good quality local medical care in the long-term and a larger patient population will enable us to be in a better position to attract services that will move out of hospitals under the Better Care Together strategy.

A larger practice will be able to react more positively to the increased workload which all practices are seeing and will continue to see in the future. Sharing of resources will provide greater financial security for both practices and improve equity of medical care across the Central Lakes area. We will be in a stronger position to attract more GP trainees who may stay in the area.

WHAT WOULD THIS MEAN FOR OUR PATIENTS?

More regular GPs working together will mean better continuity of care, with fewer locum doctors and more appointments available even during holiday periods. All patients would have access to GPs and/or Nurses on three sites - Hawkshead, Ambleside and Grasmere. We can provide a wider range of services to all our patients by sharing expertise and manpower e.g. minor surgery, contraceptive services, minor injury services. Patients will have access to more appropriate services e.g. Phlebotomy and Practice Nurse services at a range of sites.

The practices will continue to develop close working relationships with the pharmacies in each village to ensure patients and visitors are given the best appropriate care. Some changes will be required in the services at each site. We have designed these to ensure that we allocate resources to maintain the current service levels.

WE WOULD APPRECIATE YOUR VIEWS OR QUESTIONS

We believe that working with the Ambleside Practice is essential to future-proofing your GP services, but understand some of you will have comments and questions about this so please: contact any of the GPs at Hawkshead or Ambleside, in writing if possible, with your questions. The address for the Hawkshead Medical Practice is, The Old Forge Surgery, Red Lion Yard, Hawkshead, LA22 0NU and for the Ambleside Group Practice is, Rydal Road, Ambleside, LA22 9BP. Please place your comments in the comment boxes which are available at both surgeries, come to the Public Meeting on the **16th September, 7.30 p.m. in the Upper Market Hall, Hawkshead**, and look out for updates on our websites, in the surgeries and in local media.

Thank you from all the GPs at Hawkshead and Ambleside Medical Practices.

Churches Together in Cumbria Celebrating Together

Let Justice Roll Down:

How the Church responds to poverty (Amos 5)

Applethwaite Centre, Windermere, Saturday 19th September 2015

10.00 a.m. arrival, closing worship at 15.40

Keynote Speaker 1: Chris Mould, Chair of the Trussell Trust

Keynote Speaker 2: Paul Morrison, JPIT (Joint Public Issues Team)

For further details and booking form contact : Helen Boothroyd, CTiC

hbctic@tiscali.co.uk

From Cumbria Constabulary

Child Sexual Exploitation - The more you know, the more you see.

Child Sexual Exploitation (CSE) involves offenders grooming youngsters and using their power to sexually abuse them. It can take many forms, whether it occurs through a seemingly 'consensual' relationship with an older boyfriend, or a young person having sex in return for attention, affection, gifts, alcohol or cigarettes. Cumbria Constabulary is committed to preventing child sexual abuse, helping victims and bringing offenders to justice. It is a crime that can affect any child, anytime, anywhere - regardless of their social or ethnic background.

Many young people who are being abused do not realise they are at risk and will not call for help. They may see themselves as willing participants when in fact their behaviour is anything but consenting. And, while there is no stereotypical victim of exploitation, there are warning signs in children's behaviour that may indicate something is wrong – and if you know what you're looking for, you can take steps to help them.

How can I find out more?

Safeguarding our children is everyone's role – if not you, then who? Please take a look at the many websites available such as

www.cumbria.police.uk/cse and www.cumbrialscb.com

How can I get help?

Anyone with concerns about child sexual exploitation can contact Cumbria Police on 101. In an emergency always dial 999.

Call Crimestoppers anonymously on 0800 555 111.

Young Victims can report anonymously online at - <http://www.fearless.org/>

Cumbria Safeguarding Hub on 0333 240 1727

Emma Forrester, Police Community Support Officer 5319, Ulverston and South Lakes NPT. M: 07980 747393, T: Non-emergency number 101 – Option 2 and extension 45319. **Find us on...W:** www.cumbria.police.uk,

Facebook: www.facebook.com/cumbriapolice

Twitter: www.twitter.com/cumbriapolice

Windermere Police Station, Lake Road, Windermere LA23 2JD.